



'Thyme Together'

sessions for older people

Every Tuesday from
10th April to 24th July 2018
at the
Five A Day Market Garden
The Street, Englefield



- Weekly drop in sessions which are welcoming and stimulating!
1pm – 3pm
- Gardening and art and craft activities using natural and recycled materials
- Meet new people
- Delicious refreshments
- Free of charge

The '**Thyme Together**' sessions are open to people across Berkshire.

Thanks to funding from the Berkshire Community Foundation, the sessions are **free of charge!**

To book a place, email
yvonne@fiveaday.org.uk
or call 07555 184 343



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The Englefield Estate are proud to support this community project.