








Green Gardening!

Drop in sessions for adults with learning disabilities

Wednesday 1st July - Wednesday 22nd July 2015

Five A Day Market Garden
Englefield, near Theale RG7 5EL

-  11am to 2pm
-  Grow salads, vegetables, fruits and plants for wildlife in pots and take home
-  Practical wildlife activities including pond dipping, sweep netting and log turning!
-  Make a hedgehog box, a toad home, a bird feeder and more!
-  Meet new people, get healthier and get active

The **Green Gardening** sessions are run by tutor Pam Goddard and her experienced volunteers.

Sessions are adapted to individual learners.

Sessions are £5 per person and payable on the day.



For more information:

Email pam@fiveaday.org.uk or call 07939 676 050