









## Green Gardening and Green Art!

For adults with learning disabilities

Starts Wednesday 2<sup>nd</sup> March 2016

Five A Day Market Garden  
Englefield, near Theale RG7 5EL

-  A welcoming course; 11am to 2pm for 10 weekly sessions
-  Grow salads, vegetables, fruits and plants for wildlife in pots and take home
-  Practical wildlife activities including pond dipping, sweep netting and log turning!
-  Create individual and group artwork and sculptures
-  Be inspired by nature and experiment with natural and recycled materials
-  Meet new people, get healthier and get active

The **Green Gardening and Green Art** course is run by tutor Pam Goddard and her experienced volunteers.

Sessions are adapted to individual learners.

Thanks to funding from the West Berkshire Community Fund, the course is free for participants living in West Berkshire.



*"I liked the course, it had great teachers, who were friendly and full of knowledge."*

Don't delay - book now as places are limited. First come first served.  
Email [pam@fiveaday.org.uk](mailto:pam@fiveaday.org.uk) or call 07939 676 050

